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WELCOME UNIT

p. 8

VOCABULARY

The alphabet, spelling, possessions, colours, countries and nationalities, personal information, classroom language, days, months, seasons, cardinal and ordinal numbers, dates, the time

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MY FAMILY AND ME

p. 15

► *What makes a family?*

Vocabulary	Grammar A+B	Listening	Reading
<ul style="list-style-type: none"> Family Appearance Free-time activities 	<ul style="list-style-type: none"> Present Simple <i>have got</i> Adverbs of frequency MEDIATION: Summarising	An interview about a teenager's family Pronunciation: /s/, /z/, /iz/	A magazine article about family
<ul style="list-style-type: none"> Food and drink Adjectives describing food Food containers 	<ul style="list-style-type: none"> <i>there is/there are</i> Countable and uncountable nouns 	A dialogue about a class event Pronunciation: /t/, /i:/	A menu of the day MEDIATION: Facilitating communication
<ul style="list-style-type: none"> School subjects Feelings School phrases 	<ul style="list-style-type: none"> Present Continuous Present Simple 	An interview about learning Pronunciation: The letter u /ju:/ MEDIATION: Collaborating in a group	An online article about music
<ul style="list-style-type: none"> Sports Action verbs Collocations Survival camp activities 	<ul style="list-style-type: none"> <i>can</i> for ability Imperative 	An interview at a survival camp Pronunciation: <i>can, can't</i> MEDIATION: Explaining new concepts	A magazine page about special skills
<ul style="list-style-type: none"> Clothes and accessories Adjectives and phrasal verbs to talk about clothes 	<ul style="list-style-type: none"> Comparatives and superlatives Possessive pronouns 	A conversation about fashion Pronunciation: /æ/, /ʌ/	Second life clothing website MEDIATION: Translating
<ul style="list-style-type: none"> Computer equipment Using computers Tech verbs and collocations MEDIATION: Note-taking	<ul style="list-style-type: none"> Past Simple of <i>to be</i> Past Simple: regular verbs 	An interview with a cybersecurity expert Pronunciation: word stress	An online article about gaming technology
<ul style="list-style-type: none"> Compass points Continents Geographical features Collocations MEDIATION: Sending text messages	<ul style="list-style-type: none"> Past Simple: regular and irregular verbs Past Simple: negative and questions 	A radio interview about ancient civilisations Pronunciation: /eɪ/, /əʊ/	A fact file about the Inca suspension bridges
<ul style="list-style-type: none"> Places in town Means of transport Collocations of transport Holiday plans 	<ul style="list-style-type: none"> <i>will</i> for predictions <i>be going to</i> for plans and intentions Future time expressions 	A conversation about holiday plans Pronunciation: /aʊ/, /aɪ/	A website article about a school trip MEDIATION: Leading group work

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EAT WELL, LIVE WELL

p. 29

► *Why is food so important?*

3

A LOT TO LEARN

p. 43

► *Learning is a big exciting journey!*

4

FEELING FIT

p. 57

► *To be or not to be active*

5

A NEW LOOK

p. 71

► *Do you fit in or stand out?*

6

COOL TECH

p. 85

► *Technology is all around us, every day*

7

LESSONS FROM THE PAST

p. 99

► *The past has lessons for the future*

8

GETTING AROUND

p. 113

► *Where's the perfect place to live?*

Student Activities pp. 127 and 144

Grammar Time p. 128

Reading Time p. 136

Writing Time p. 140

Irregular Verbs p. 143

GRAMMAR

Subject pronouns, to be, possessive adjectives, plural nouns, demonstrative pronouns, possessive 's, object pronouns



Speaking	Writing	Power Skills	Learning Situation	Key Competences	Links to SDGs
Introducing and interviewing ▶ Nice to meet you!	A blog post	Planning: Estimating time and effort ▶ Use your time well	Project: Make a presentation about an amazing family	CLC DC SOCL2L CC CCAE	
Ordering in a café ▶ I'd like some tomato salad.	Short messages	Integrity: Be sustainable ▶ It's time to change	Project: Create a leaflet about a food festival	CLC DC SOCL2L CC CE CCAE	
Making and responding to suggestions ▶ Let's ask some people where we are.	A simple proposal	Self-control: Regulation of emotions ▶ Breathe in and out	Project: Design a relaxation room for your school	CLC PC STEM DC SOCL2L CC CE CCAE	
Asking for, giving, and refusing permission ▶ Is it OK if I play some music?	'How to' tips	Emotional intelligence: Being kind to yourself ▶ Talking about feelings	Project: Create a poster of a Survival Guide	CLC PC STEM DC SOCL2L CC	
Shopping for clothes ▶ I'm looking for a jacket.	An email giving news	Persistence: Anticipating persistence challenges ▶ Engaging in difficult talks	Project: Create a poster for a school campaign	CLC PC DC SOCL2L CC CE CCAE	
Apologising and responding to apologies ▶ I'm sorry I was late.	A description of a personal experience	Working collaboratively: Listening showing interest ▶ Listen actively	Project: Create a timeline of tech firsts	CLC STEM DC SOCL2L CC CE	
Agreeing and disagreeing ▶ I disagree!	A fact file	Progress monitoring: Adapting and adjusting ▶ Learning strategies	Project: Build a model of a rope bridge	CLC PC STEM DC SOCL2L CC CE CCAE	
Making plans and arrangements ▶ What are you doing on Saturday?	A review of a place	Showing initiative: Taking responsibility ▶ Make a difference	Project: Create a 3D model of a park	CLC STEM DC SOCL2L CC CE CCAE	

Key Competences

CLC Competence in linguistic communication

PC Plurilingual competence

STEM Competence in science, technology, engineering and maths

DC Digital competence

SOCL2L Social and personal competence and learning to learn

CC Competence in citizenship

CE Competence in entrepreneurship

CCAE Competence in cultural awareness and expression